

Parent & Carer NEWSLETTER – summer term 2025



Welcome!

This summer term has been packed with exciting industry events and sun-kissed Turing trips.

We are excited to celebrate our student's efforts, from Art & Design final pieces to Hospitality & Catering's dinner service for "Le Plaisir Wine Society".

This term we had student trips to London visiting the Design Museum, West End shows and the Florence Nightingale Museum. We also had multiple classes go abroad to sun-kissed spots such as Italy and America, where they indulged in the local food, entertainment and culture, all whilst learning.

Anyway, that's enough spoilers! Let's dive into East Coast College's summer term.

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Staff's Top Two!

Hi all!

What an actionpacked summer term it has been. Our students have been really busy with industry events, exotic trips, stunning final pieces and their endof-year exams. It was quite hard for us to choose, but the top two this term are...

<u>Art & Design's final</u> <u>pieces and exhibition</u> <u>06</u>

<u>Hospitality &</u> <u>Catering's Italy trip 16.</u> Beyond these top two, we have many other highlights that we encourage you to explore. Make sure you read about cancer awareness, your secret guide to University applications and the launch of The Place!

APOLLO NHS DAY



Our Apollo Team hosted a successful NHS Day at our new library and education centre, The Place, attracting over 250 visitors!

This event provided a fantastic opportunity for people to explore careers in Health and Social Care and connect with wellbeing organisations. Attendees were particularly impressed by the University of Suffolk's state-of-theart simulated Hospital Ward.

This event highlighted the diverse pathways available for future carers, right here in Great Yarmouth. Photo of students exploring careers in Health and Social Care.

HEALTH & SOCIAL LONDON TRIP

Our T-Level Health and Year 1 Health and Social Care students had an enriching educational trip to London.

Students delved into the extensive collection of medical history and human anatomy on display at the iconic Hunterian Museum. Next up on the trip was the inspiring Florence Nightingale Museum, learning about her life, legacy and her impact on modern nursing.

They even squeezed in some sightseeing of the famous London landmarks. Making the trip a truly memorable day out for everyone! Photo of a stained-glass piece at the Florence Nightingale Museum, depicting Florence Nightingale, a First World War soldier and a nurse.



APOLLO 80TH

The Apollo team and East Coast College students hosted two heartwarming events for local care home residents, including those from Harleston House and Ritson Lodge.

Celebrating the 80th Anniversary of VE Day with student-led speeches, quizzes, bingo and a performance of "The Last Post", followed by a minute silence of respectful remembrance of those who served.

Residents were delighted and enjoyed the event so much that our students have been invited to join them at future events and volunteering opportunities!

Photo of students celebrating VE Day. Special thanks to our Foundation Students, Uniformed Service Students and Health and Social Care Students.



It was great to bring two generations together for VE Day.

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ART & DESIGN'S FINAL PIECES AND EXHIBITION



It's that time of year again, our students have turned in impressive end-of-year final pieces for their exams.

Level 2 students explored the theme of "euphoria", creating beautiful pieces such as paintings, crochet tops and ceramic dancers.

Some of our Level 3 students have turned inspiration from their recent Turing fashion trip to Japan into some fabulous pieces, from screen prints to a hand-printed Kimono.

All these lovely final pieces will be put on display in an open exhibition from the 16-27th of June at our Lowestoft Campus.

> Photo of Artwork "Samurai Warrior"

-Makenzie Rainbows

Level 3 Diploma Art & Design Student

APOLLO CNNP



Our Apollo Team attended the launch of the NHS Coastal Navigators Network 2025 prospectus in Bournemouth on the 30th of April.

This amazing programme is a collaboration between NHS England and the Integrated Care Board, which aims to boost employment in coastal towns like Great Yarmouth. We're incredibly proud that the Apollo Project received national recognition and is featured in this prospectus.

Even Professor Sir Chris Whitty, Chief Medical Officer of NHS England, highlighted Apollo's importance! Photo of the Apollo team at the launch of CNNP.

MENTAL HEALTH AWARENESS WEEK

During Mental Health Awareness Week, we hosted an array of wellbeing activities for students and staff.

Pure Gym got us exercising with a fitness bike and squat challenge, highlighting how exercise boosts your mood and reduces stress. We welcomed experts from NHS Talking Therapies, LGBTQ+ support, Career Matters Norfolk and NSFT Eating Disorder Team for valuable insights.

A true highlight was the visit from Unicorn Alpacas Walks in Suffolk, bringing many smiles to everyone across our campuses. Photo of Unicorn Alpacas Walks in Suffolk's Alpacas at our Lowestoft Campus.



AUTOMOTIVE TRIP TO CALIFORNIA



Our Automotive Turing students had an incredible, action-packed trip to California!

They explored automotive history at LA's Peterson Automotive Museum, diving into classic cars, motorsports and film vehicles. Students got handon skills in battery building for electric vehicles at EVLC in San Marcos.

Beyond the automotive world, they visited iconic spots like Hollywood Boulevard, Venice Beach and Balboa Park in San Diego.

Finishing the trip off with a fun-filled day full of rides and games at Belmont Park, San Diego. Photo of students in the Peterson Automotive Museum.

Trip funded by the Turing Scheme.

POLICING & UNIFORMED SERVICES DofE

Our Policing and Uniformed Services students bravely tackled their Duke of Edinburgh Bronze expedition.

They trekked 12.5km from Aldeburgh to Therberton, carrying hefty backpacks whilst enduring heavy rain. Despite this their spirits remained high! They skilfully set up camp, cooked meals and made the most of their time with teambuilding activities.

Day two of the trip saw them straight back to it with a 16.4km walk to Southwold.

A fantastic display of resilience and teamwork for all! Photo of students on the Bronze Duke of Edinburgh expedition.



----- ANIMAL CARE TRIP TO SOUTH AFRICA

Our FdSc Conservation Science and Animal Management students had an incredible trip to South Africa.

They got hands-on with conservation, participating in a 9-hour game count to monitor wildlife and ecosystems.

Students also educated 560 local children about climate change with fun activities that emphasise environmental awareness.

Students highlighted the once-in-a-lifetime exhilarating game drives, making it a truly unforgettable learning adventure.

Photo of students at the Umphafa Nature Reserve, South Africa.



ART & DESIGN SCREEN PRINTING WORKSHOP



Our BA (Hons) Visual Art and Foundation Diploma Art & Design students were lucky to get hands-on in a screen printing workshop with artist Sophie Giller.

This workshop links directly with Sophie's big upcoming large-scale touring installation called "Port to Port" starting this June at the Battery, 119 London Road, Lowestoft.

Big thanks to Sophie for leading this amazing screenprinting workshop. We loved seeing the creativity in action!

Check out Sophie's work.

Photo of students participating in screen-printing workshop.

CHILDCARE TRIP TO ITALY



Ciao from Italy!

Our T Level and Degree Childcare students had an amazing trip to Italy.

The group visited various centres and nurseries during the trip and exploring the Reggio Emilia and Montessori approaches to education. Both approaches lean into studentled learning and expression, with teachers acting as co-learners and facilitators.

Our student Daisy has said "I have loved exploring all the history around the cities and learning how they operate the settings and schools." Photo of students at "Las Casa dei Bambini". (The Children's House).

ECC ATTENDS BECCLES FOOD FESTIVAL

East Coast College rocked the 10th anniversary of the Beccles Food Festival.

Our talented Hospitality and Catering students showcased their talents alongside Chef P. They even baked a magnificent cake in celebration of this anniversary! Our Creative Media students and staff were also there to represent and support the event by capturing snaps and videos of all the vibrant and fantastic moments of this community event!

It was a brilliant day for all involved!

Photo of Team ECC at Beccles Food Festival.

Captured by Creative Media students.



PNG ELECTRICAL SPARK GAMES



"Let the games begin!"

We hosted our first ever "Spark Games" this term with PNG Electrical Services at our Great Yarmouth campus.

Our Electrical students and apprentices from both sites came together to undertake a 3-hour task made up of three day-to-day tasks they will face in industry. The groups work was then judged to industry standards, with winners receiving fantastic prizes from our generous companies that attended the event.

Students had the opportunity to network throughout the day and speak to experts in their field about their experience and gain exclusive insight into the Electrical Industry!

Photo of eager students at the task challenge.

Thanks to attending companies PNG, Hager, Aico, ATC and Megger.

HOSPITALITY & CATERING ITALY TRIP

Our Hospitality and Catering students recently enjoyed a fortnight in sunkissed Italy.

In Sorrento, our students explored an olive oil factory, tasting 20 exciting varieties from lemon to truffle.

They also visited a beautiful lemon farm to learn about local cultivation and witness the making of handmade cheeses and gnocchi.

They also experienced local honey straight from the honeycomb and Italy's coffee culture, visiting a family-run business that's perfected its craft since 1846!

Rounding off the trip with a visit to

Naples for some slices of authentic pizza, a scenic boat trip around the Island of Capri and relaxing days at the beach.

Photo of the students at the beautiful " I Giardini Di Cataldo Sorrento" (The Lemon Grove)



MEDIA MAKE-UP VISIT LONDON

Our Media Make-up students went on a two-day trip to London, packed with creativity, culture and career inspiration.

Students visited the Design Museum, where they stepped into the fantastical world of Tim Burton, as well as a cheeky trip to the West End to see award-winning musical, Hamilton, students even got to meet members of the cast after the show!

To finish off this amazing trip, the students visited the iconic Pinewood Studios, where they received expert tuition from Erika Ökvist, Emmy-winning hair and makeup designer.

Photo of "Wednesday Addams" iconic dress and uniform from Tim Burton's series "Wednesday"

at the London Design Museum.

Photo credit -Hurriyet Daily News.



- CATERING FOR "LE -PLAISIR WINE SOCIETY"



Our Hospitality and Catering Students recently showcased their exceptional skills for a special dinner for the Le Plaisir Wine Society, a group that has supported us since the opening of the restaurant all the way back in 1986!

Our students provided an excellent traditional wine service and a fantastic meal that earned high praise for both its flavour and top-notch presentation. Inspired by their recent trip to Italy, the students even served a delicious homemade tiramisu.

This was a truly wonderful evening that highlighted how skilled our students are.

Photo of a student made main dish.

Beef Tenderloin, Pea Puree and Roasted Vegetables.





THE THRIVE PROJECT



We Help Adults and Young people Thrive!

Thrive is a **FREE** of charge service in Suffolk for young people and adults (16+) that provides them with tailored support and skills that they need to take a first step into employment, education or training. We offer a range of opportunities, from short employment courses to CSCS card courses and mock interviews with big local companies like Sizewell C and RWE. Learn more, and if you think you'd benefit from support with Thrive, please fill in our <u>online form.</u> Alternatively, you can email us with any questions or enquiries.

thrive@eastcoast.ac.uk





CANCER AWARENESS



Supporting and Empowering lives!

We were pleased to host "It's On The Ball" - Testicular Cancer Charity and "Big C" Cancer Charity.

These two absolutely fantastic local cancer charities, were at our Lowestoft campus to share awareness and discuss the types of support they offer to those who are suffering from or affected by cancer.

If you, a loved one or someone you know is affected by cancer, you can contact these charities to learn more, get support or donate to their amazing cause.

It's On The Ball

- Learn more
- Get Support
- <u>Donate</u>

Big C

- Learn more
- Get Support
- <u>Donate</u>

CAREERS



Careers are here to help every student take the next step confidently, whether they are exploring options or have a clear plan in mind.

Check out our new online <u>Careers</u> <u>Boardlet Padlet</u>. You can find up-to-date information and links to useful websites all in one place as well as tips from the team.

Included in Padlet:

Current opportunities, University, Apprenticeship, Employment, Volunteering, Virtual Work Experience, Career's Team booking links and further useful information and resources.

Download the Padlet app for free to stay up-to-date with notifications of new posts and content!

How Parents & Carers Can Help

You can help by:

Encouraging open conversations about their plans and feelings. Reminding them that it's okay to not have everything figured out yet. You can also help them explore options and attend any final career appointments.

Please don't hesitate to contact us if you would like extra support. Help your young person make their next steps.

Contact us today!

<u>Careers@eastcoast.</u> <u>ac.uk</u>



- YOUR SECRET GUIDE TO -UNIVERSITY APPLICATIONS



Discover the secret with Channel Talent's FREE webinar!

On the 19th of June 2025 between 18:00-18:45, attend Channel Talent's free Zoom session with UEA.

This free session aims to help parents and carers better understand the process and be able to help their young person to make a successful application to university.

The session will build on the work that schools and colleges are doing with their families, whilst giving the university perspective, thanks to UEA. Find out more and reserve your slot today.

Please note that the content in this webinar is based on students who are eligible for home fees, with links to explain this on the event page.

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SOFT SKILLS TRAINING WITH BODYSWAPS



Developing essential skills for young people.

Bodyswaps is an amazing tool that helps students develop essential soft skills for their future Career.

From interview techniques, public speaking and effective communication, Bodyswaps has it all and <u>more</u>. Bodyswaps is available to all students on our VR Headsets and college PCs, or take it home on the mobile app.

All student signups before the Summer break will be able to access the site until the end of August. Got any questions or want a demo of Bodyswaps? Then email us today.

digitalsupport@ eastcoast.ac.uk

Watch the Bodyswaps soft skills teaser trailer!



LAUNCH OF THE PLACE



The new hub for further and adult education!

Introducing Great Yarmouth's brandnew library and university centre.

We had a fantastic time at the launch of The Place, made even more special from the official opening by Lady Dannat, Lord Lieutenant of Norfolk and speeches from key partners, including our Principal, Paul Padda.

The Place can help you and young adults find their purpose.

With a variety of courses ranging from Managing Personal Finance, Web Design, Floristry, British Sign Language and many more.

The Place has something for everyone.

Learn more about the courses on offer at The Place today!



CONNECT WITH US



Facebook

Stay in touch with us on our social media!

From new student and adult courses, exotic trips, exciting events and hands-on workshops. Follow our pages to stay up-to-date on everything East Coast College.

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